

Become a Member of ChiroCare *Express*!

How it works:

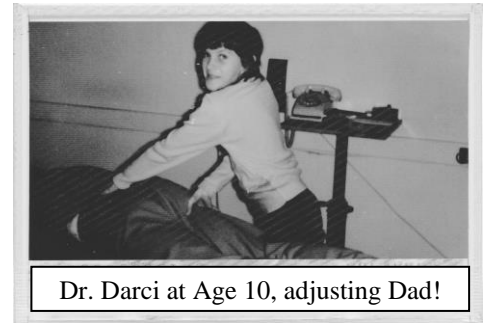
1. Dr. Darci's ChiroCare *Express* is a *membership* chiropractic office.
 - All in-office services are for members only.
 - **Just need to talk? Dr. Darci offers PHONE CONSULTS for anyone! See the next page for details.**
2. Dr. Darci's specialty is chiropractic adjustments for prevention/maintenance.
3. We are NOT an urgent care facility for acute pain, and we do NOT treat unsettled auto accident cases.
4. We offer two in-office services for members (see next page for more info):
 - Brief chiropractic adjustments for general health and wellness, and
 - Roller massage for additional spinal health (if permitted by your condition).
5. Your first visit must be a scheduled appointment, outside of walk-in hours. Walk-in is for members only.
6. Your membership *is included* in your first visit fee of \$250. There are no other fees for your first visit.
7. Your visits at ChiroCare *Express* are NOT covered by insurance or Medicare.
Please note: we do NOT provide receipts for self-filing of insurance.
8. Payment is required in advance, and we accept cash, checks, and all major credit/debit cards.
9. ChiroCare Express members enjoy:
 - Convenient walk-in access to Dr. Darci's 5-minute maintenance adjustments,
 - Complimentary 3-minute roller massage warm-up before walk-in doctor's visits,
 - Reasonable pay-per-visit fees and discounts for prepaid packages,
 - Freedom to come in whenever desired—no pressure and no contracts ever,
 - "Anytime" 10-minute roller-massage, with or without a doctor's visit, only \$10.
10. Have Questions?
Our recorded information answers 99% of new patient questions!
Just phone **239-330-3830** and press 5 for **recorded** new patient info.
11. Additional information and patient Testimonials are also available on our website:
www.ChiroCareExpress.com
12. When you're ready, please contact Keith to schedule your first visit appointment!
 - Email Keith for the fastest response: info@ChiroCareExpress.com, or
 - You may phone and leave a message: 239-330-3830.
 - **Please note: we accept a limited number of new patients, so there is generally a waiting period for an appointment, especially during the busy season.**

Dr. Darci's
ChiroCare *Express*
...get in, get out, get Energized!

Services Available at ChiroCare Express

1) Dr. Darci's Maintenance/Preventative Chiropractic Adjustments (for members only)

- Dr. Darci is a graduate of the prestigious Palmer Chiropractic College, where chiropractic was founded.
- She is a licensed chiropractic physician with over 30 years' experience.
- Dr. Darci followed in her Dad's footsteps, a Chiropractor in Iowa.
- She was a child prodigy, learning many techniques in her Dad's office.
- She uses her gifted touch, not force, for gentle adjustments.
- Benefits of consistent maintenance/preventative adjustments:
 - Keep your pain from returning; improve range of motion.
 - Help you play your favorite sports longer & injury-free.
 - Make you more resistant to injury from accidents/falls.
 - Stop spinal decay: arthritis and bone spurs in the spine.
 - Improve posture and prevent the "senior slump."
 - Boost your immunity and keep you healthy!
- Dr. Darci believes that consistent, weekly maintenance/preventative chiropractic adjustments are best; however, at ChiroCare Express, there is never any pressure or contracts. YOU always decide your adjustment frequency based on your own health goals, finances and availability.



Your first visit with Dr. Darci must be a scheduled appointment, and you will receive treatment on the first visit after proper evaluation. Then, you'll enjoy the convenience of walk-in access to Dr. Darci's gifted hands!

2) Roller Massage (for members only)

- Roller massage is a relaxing mechanical table.
- Large rollers exercise your spine.
- It is a medical-grade form of comfortable traction therapy.
- The main benefit is for Disc Hydration—lubricating the shock absorbers between your vertebrae.
- Other benefits include: Spinal Mobility, Lymph Flow, Nerve Stimulation, Muscle Relaxation, & Endorphin Release



Roller Massage is available on a walk-in basis as follows, if permitted by your condition:

-Enjoy a complimentary 3-minute warm-up on Roller Massage with each visit.

-Enjoy 10-minute "Anytime Roller Massage" for an additional fee of \$10, with or without a doctor's visit.

3) Talk with Dr. Darci (for members & non-members):

- Get your health & wellness questions answered with a phone call.
- For anyone—no membership required!
- There's no pressure to become a member—she just wants to help!
- Schedule a phone consult with Dr. Darci on a Wednesday, Friday or Saturday.
- Check our website for how to schedule: ChiroCareExpress.com
- Please note: if you want to become a member and have the benefit of Dr. Darci's hands-on treatment, please be aware that phone consults are not a substitute for the first visit in the office.



Dr. Darci's ChiroCare Express Fee Summary

Effective: March 6, 2020

New Patient First Visit for hands-on treatment with Dr. Darci:

First Visit maintenance treatment & membership:

.... **\$250**

New Patients must schedule - Email Keith: Info@ChiroCareExpress.com (preferred) or phone 239-330-3830.

Membership gives you future walk-in access to Dr. Darci's maintenance care & roller massage.

Just Need to Chat? Get your health questions answered:

Phone or video call with Dr. Darci: up to 20 minutes:

.... **\$97**

For members & non-members. Email Keith to schedule (see address above). Non-members please note: calls with Dr. Darci are not a substitute for the first visit, if you want hands-on treatment.

-----Services Below are for Members Only-----

Walk-in Express Maintenance Visits about 5 minutes with Dr. Darci:

Members choose Pay-Per-Visit or Package:

Pay Per Visit **\$49**

- OR -

\$39 Package (save \$30)

3 visits* **\$117**

*Expires 1 month from the date of purchase.

Walk-in Roller Massage

10 minutes **\$10**

Available with or without a Dr.'s visit but only if permitted by your condition.

Children of Members: Age 15 and under, first scheduled visit \$125, then \$20 per walk-in visit.

Terms and Restrictions

"Just talking" with Dr. Darci counts as a doctor's visit as shown above, and the same fees apply, even if there is no treatment. Each walk-in visit includes a complimentary 3-minute warm-up on roller massage, upon Dr. Darci's approval: no rain checks.

Services are NOT covered by insurance or Medicare. Dr. Darci does not complete or sign reimbursement forms.

The \$39 package expires one month after purchase: no extensions or refunds for any reason & no sharing or transferring. Keep in mind that your package may expire on a date that we are not open! We suggest to check the calendar & plan ahead!

Membership & packages are not a guarantee of treatment. Dr. Darci reserves the right to deny treatment at anytime.

The convenience term 'Member' = established patient. Membership is free with the first-visit fee & is not an insurance program.

Dr. Darci does not provide treatment for unsettled auto accident cases, or other personal injury or workers comp cases.

Please see "Notice of Our Policy Regarding Prepaid Package Visits" for other important terms and restrictions.